

Helping your child to stay safe online

**Course
Dates:** Friday
24th April

Times: 10:00am to 12:00pm

Location: Online

This workshop, led by two assistant educational psychologists from Swindon Borough Council, explores how the online world affects children and young people, including their three core psychological needs, the constant presence of the virtual world, and how technology can influence developing brains. We'll look at the four main types of digital harm, alongside the many positives that technology can offer. The session will also share practical strategies and advice to help you support your child in staying safe, balanced, and confident online.

By the end of the course, you will:

- have a clearer understanding of how the online world affects your child
- be more confident using practical strategies to help your child stay safe online

To request a place on this course:



01793 466482



acl@swindon.gov.uk

Find details of more Adult Community Learning courses using the QR code above or www.swindon.gov.uk/adultlearning

* To be eligible to enrol on these free courses you need to: be over 19 years old as of 31st August 2025; have the right to reside in the UK; or be an asylum seeker and have applied for asylum more than 6 months ago; be unemployed, or working and earning less than £25,750 a year.

For more information about our eligibility criteria please visit our website www.swindon.gov.uk/adultlearning