

Being Me in My World

Puzzle Overview - Year 6

Puzzle 1 Being Me in My World	Puzzle Outcome Help me fit together the six pieces of learning about Being Me in My World to create the Learning Charter	
Pieces		
1. My Year Ahead 	<p>I can identify my goals for this year, understand my fears and worries about the future and know how to express them</p> <p>I know how to use my Jigsaw Journal</p>	<p>I feel welcome and valued and know how to make others feel the same</p>
2. Being a Global Citizen 1 	<p>I know that there are universal rights for all children but for many children these rights are not met</p>	<p>I understand my own wants and needs and can compare these with children in different communities</p>
3. Being a Global Citizen 2 	<p>I understand that my actions affect other people locally and globally</p>	<p>I understand my own wants and needs and can compare these with children in different communities</p>
4. The Learning Charter 	<p>I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities</p>	<p>I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them</p>
5. Consequences 	<p>I understand how an individual's behaviour can impact on a group</p>	<p>I can contribute to the group and understand how we can function best as a whole</p>
6. Owing our Learning Charter 	<p>I understand how democracy and having a voice benefits the school community</p>	<p>I understand why our school community benefits from a Learning Charter and how I can help others to follow it by modelling it myself</p>

Celebrating Difference

Puzzle Overview - Year 6

Puzzle 2 Celebrating Difference	Puzzle Outcome Help me fit together the six pieces of learning about Celebrating Difference to create a Hall of Fame display	
Pieces		
1. Am I Normal? 	I understand there are different perceptions about what normal means	I can empathise with people who are living with disabilities
2. Understanding Disability 	I understand how having a disability could affect someone's life	I am aware of my attitude towards people with disabilities
3. Power Struggles 	I can explain some of the ways in which one person or a group can have power over another	I know how it can feel to be excluded or treated badly by being different in some way
4. Why Bully? 	I know some of the reasons why people use bullying behaviours	I can tell you a range of strategies in managing my feelings in bullying situations and for problem solving when I'm part of one
5. Celebrating Difference 	I can give examples of people with disabilities who lead amazing lives	I appreciate people for who they are
6. Celebrating Difference Assessment Opportunity ★ 	I can explain ways in which difference can be a source of conflict and a cause for celebration	I can show empathy with people in either situation

Dreams and Goals

Puzzle Overview - Year 6

Puzzle 3 Dreams and Goals	Puzzle Outcome Help me fit together the six pieces of learning about my Dreams and Goals to create Our Garden of Dreams and Goals	
Pieces		
1. Personal Learning Goals 	I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of-school goal)	I understand why it is important to stretch the boundaries of my current learning
2. Steps to Success 	I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these	I can set success criteria so that I will know whether I have reached my goal
3. My Dream For the World 	I can identify problems in the world that concern me and talk to other people about them	I recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations
4. Helping to Make a Difference 	I can work with other people to help make the world a better place	I can empathise with people who are suffering or who are living in difficult situations
5. Helping to Make a Difference Assessment Opportunity ★ 	I can describe some ways in which I can work with other people to help make the world a better place	I can identify why I am motivated to do this
6. Recognising Our Achievements 	I know what some people in my class like or admire about me and can accept their praise	I can give praise and compliments to other people when I recognise their contributions and achievements

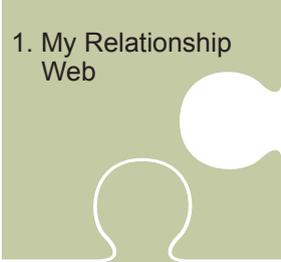
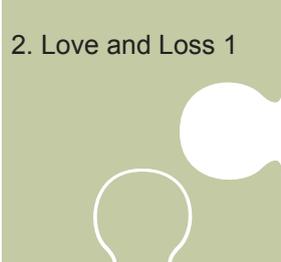
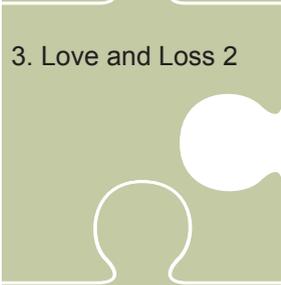
Healthy Me

Puzzle Overview - Year 6

Puzzle 4 Healthy Me	Puzzle Outcome Help me fit together the six pieces of learning about Healthy Me to create 'TheHappy, Healthy Me Recipe Book'	
Pieces		
1. Food	I know the impact of food on the body, e.g. creating energy, giving comfort and altering mood	I am motivated to give my body the best combination of food for my physical and emotional health
2. Drugs	I know about different types of drugs and their uses and their effects on the body particularly the liver and heart	I am motivated to find ways to be happy and cope with life's situations without using drugs
3. Alcohol Assessment Opportunity ★	I can evaluate when alcohol is being used responsibly, anti-socially or being misused	I can tell you how I feel about using alcohol when I am older and my reasons for this
4. Emergency Aid	I know and can put into practice basic emergency aid procedures (e.g. the recovery position) and know how to get help in emergency situations	I know how to keep myself safe to avoid emergencies and also how to deal with emergencies if they happen
5. Emotional and Mental Health	I understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness	I know how to help myself feel emotionally healthy and can recognise when I need help with this
6. Managing Stress	I can recognise when I feel stressed and the triggers that cause this and I understand how stress can cause alcohol misuse	I can use different strategies to manage stress and pressure

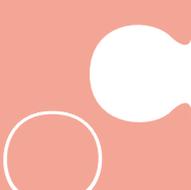
Relationships

Puzzle Overview - Year 6

Puzzle 5 Relationships	Puzzle Outcome Help me fit together the six pieces of learning about Relationships to create 'Our Relationship Fiesta'	
Pieces		
1. My Relationship Web 	I can identify the most significant people to be in my life so far	I understand how it feels to have people in my life that are special to me
2. Love and Loss 1 	I know some of the feelings we can have when someone dies or leaves	I can use some strategies to manage feelings associated with loss and can help other people to do so
3. Love and Loss 2 	I understand that there are different stages of grief and that there are different types of loss that cause people to grieve	I can recognise when I am feeling those emotions and have strategies to manage them
4. Power and Control Assessment Opportunity ★ 	I can recognise when people are trying to gain power or control	I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control
5. Being Safe with Technology 1 	I understand how technology can be used to try to gain power or control and I can use strategies to prevent this from happening	I can take responsibility for my own safety and well-being
6. Being Safe with Technology 2 	I can use technology positively and safely to communicate with my friends and family	I can take responsibility for my own safety and well-being

Changing Me

Puzzle Overview - Year 6

Puzzle 6 Changing Me	Puzzle Outcome Help me fit together the six pieces of learning about Changing Me to create a Tree of Change display	
Pieces		
1. Self and Body Image 	I am aware of my own self-image and how my body image fits into that	I know how to develop my own self esteem
2. Puberty 	I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally	I can express how I feel about the changes that will happen to me during puberty
3. Girl Talk/Boy Talk 	I can ask the questions I need answered about changes during puberty	I can reflect on how I feel about asking the questions and about the answers I receive
4. Babies - Conception to Birth Assessment Opportunity ★ 	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born	I recognise how I feel when I reflect on the development and birth of a baby
5. Attraction 	I understand how being physically attracted to someone changes the nature of the relationship	I can express how I feel about the growing independence of becoming a teenager and am confident that I can cope with this
6. Transition to Secondary School 	I can identify what I am looking forward to and what worries me about the transition to secondary school	I know how to prepare myself emotionally for starting secondary school