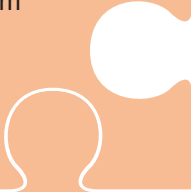







# Being Me in My World

## Puzzle Overview - Year 4

Puzzle 1 Being Me in My World	Puzzle Outcome Help me fit together the six pieces of learning about Being Me in My World to create the Learning Charter	
Pieces		
1. Becoming a Class 'Team' 	I know my attitudes and actions make a difference to the class team  I know how to use my Jigsaw Journal	I know how good it feels to be included in a group and understand how it feels to be excluded  I try to make people feel welcome and valued
2. Being a School Citizen 	I understand who is in my school community, the roles they play and how I fit	I can take on a role in a group and contribute to the overall outcome
3. Rights, Responsibilities and Democracy 	I understand how democracy works through the school council	I can recognise my contribution to making a Learning Charter for the whole school
4. Rewards and Consequences 	I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them	I understand how rewards and consequences motivate people's behaviour
5. Our Learning Charter 	I understand how groups come together to make decisions	I can take on a role in a group and contribute to the overall outcome
6. Owning our Learning Charter 	I understand how democracy and having a voice benefits the school community	I understand why our school community benefits from a Learning Charter and can help others to follow it


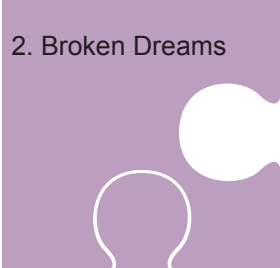




# Celebrating Difference

## Puzzle Overview - Year 4

Puzzle 2 Celebrating Difference	Puzzle Outcome Help me fit together the six pieces of learning about Celebrating Difference to create the Hall of Fame display.	
Pieces		
1. Judging by Appearances	I understand that, sometimes, we make assumptions based on what people look like	I try to accept people for who they are
2. Understanding Influences	I understand what influences me to make assumptions based on how people look	I can question why I think what I do about other people
3. Understanding Bullying	I know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I'm not sure	I know how it might feel to be a witness to and a target of bullying
4. Problem-solving	I can tell you why witnesses sometimes join in with bullying and sometimes don't tell	I can problem-solve a bullying situation with others
5. Special Me	I can identify what is special about me and value the ways in which I am unique	I like and respect the unique features of my physical appearance
6. Celebrating Difference: how we look  <b>Assessment            Opportunity</b> ★	I can tell you a time when my first impression of someone changed when I got to know them	I can explain why it is good to accept people for who they are

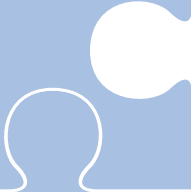

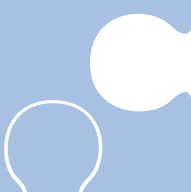
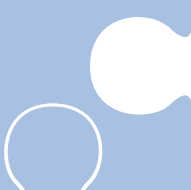
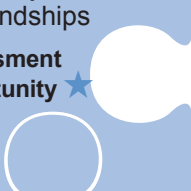
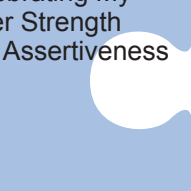
# Dreams and Goals

## Puzzle Overview - Year 4

Puzzle 3 Dreams and Goals	Puzzle Outcome Help me fit together the six pieces of learning about my Dreams and Goals to create Our Garden of Dreams and Goals	
Pieces		
1. Hopes and Dreams 	I can tell you about some of my hopes and dreams	I know how it feels to have hopes and dreams
2. Broken Dreams 	I understand that sometimes hopes and dreams do not come true and that this can hurt	I know how disappointment feels and can identify when I have felt that way
3. Overcomig Disappointment 	I know that reflecting on positive and happy experiences can help me to counteract disappointment	I know how to cope with disappointment and how to help others cope with theirs
4. Creating New Dreams <b>Assessment Opportunity</b> ★ 	I know how to make a new plan and set new goals even if I have been disappointed	I know what it means to be resilient and to have a positive attitude
5. Achieving Goals 	I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group	I can enjoy being part of a group challenge
6. We Did It! 	I can identify the contributions made by myself and others to the group's achievement	I know how to share in the success of a group and how to store this success experience in my internal treasure chest





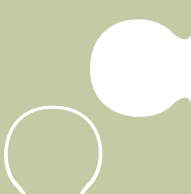

# Healthy Me

## Puzzle Overview - Year 4

Puzzle 4 Healthy Me	Puzzle Outcome Help me fit together the six pieces of learning about Healthy Me to create 'TheHappy, Healthy Me Recipe Book'	
Pieces		
1. My Friends and Me 	I can recognise how different friendship groups are formed, how I fit into them and the friends I value the most	I recognise when other people's actions make me feel embarrassed, hurt or inadequate and I can help myself to manage these emotions
2. Group Dynamics 	I can recognise the changing dynamics between people in different groups, see who takes on which role, e.g. leader, follower, and understand the roles I take on in different situations	I am aware of how different people and groups impact on me and can recognise the people I most want to be friends with
3. Smoking 	I understand the facts about smoking and its effects on health, and also some of the reasons some people start to smoke	I can relate to feelings of shame and guilt and know how to act assertively to resist pressure from myself and others
4. Alcohol 	I understand the facts about alcohol and its effects on health, particularly the liver, and also some of the reasons some people drink alcohol	I can relate to the feelings of shame and guilt and know how to act assertively to resist pressure from myself and others
5. Healthy Friendships <b>Assessment Opportunity</b> ★ 	I can recognise when people are putting me under pressure and can explain ways to resist this when I want	I can identify feelings of anxiety and fear associated with peer pressure
6. Celebrating My Inner Strength and Assertiveness 	I know myself well enough to have a clear picture of what I believe is right and wrong	I can tap into my inner strength and know how to be assertive

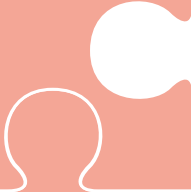


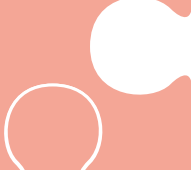
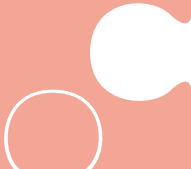

# Relationships

## Puzzle Overview - Year 4

Puzzle 5 Relationships	Puzzle Outcome Help me fit together the six pieces of learning about Relationships to create 'Our Relationships Fiesta'	
Pieces		
1. Relationship Web 	I can identify the web of relationships that I am part of, starting from those closest to me and including those more distant	I know how it feels to belong to a range of different relationships and can identify what I contribute to each of them
2. Love and Loss 	I can identify someone I love and can express why they are special to me	I know how most people feel when they lose someone or something they love
3. Memories 	I can tell you about someone I know that I no longer see	I understand that we can remember people even if we no longer see them
4. Are Animals Special? <b>Assessment Opportunity</b> ★ 	I can explain different points of view on an animal rights issue	I can express my own opinion and feelings on this
5. Special Pets 	I understand how people feel when they love a special pet	I can understand that losing a special pet brings feelings that can be hard to cope with, but that it can be helpful to mark loss by celebrating special things about the pet
6. Celebrating My Relationships with People and Animals 	I know how to show love and appreciation to the people and animals who are special to me	I can love and be loved

# Changing Me

## Puzzle Overview - Year 4

Puzzle 6 Changing Me	Puzzle Outcome Help me fit together the six pieces of learning about Changing Me to create a Tree of Change display	
Pieces		
1. Unique Me 	I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm	I appreciate that I am a truly unique human being
2. Having a Baby 	I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby	I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult
3. Girls and Puberty 	I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this	I have strategies to help me cope with the physical and emotional changes I will experience during puberty
4. Circles of Change 	I know how the circle of change works and can apply it to changes I want to make in my life	I am confident enough to try to make changes when I think they will benefit me
5. Accepting Change 	I can identify changes that have been and may continue to be outside of my control that I learnt to accept	I can express my fears and concerns about changes that are outside of my control and know how to manage these feelings positively
6. Looking Ahead <b>Assessment Opportunity</b> ★ 	I can identify what I am looking forward to when I am in Year 5	I can reflect on the changes I would like to make when I am in Year 5 and can describe how to go about this