

## Helping your child to attend school regularly

**Course  
Dates:** Friday  
15th May

**Times:** 10:00am to 12:00pm

**Location:** Online

This workshop, led by two assistant educational psychologists from Swindon Borough Council, explores why regular school attendance is so important for children's wellbeing, learning, and confidence. We'll look at the common causes of emotional-based school avoidance, the role anxiety can play, and how to understand what might be driving your child's difficulties. The session will also cover how to gather helpful information and share practical strategies you can use at home to support your child in feeling more able to attend school.

By the end of the course you will:

- have a better understanding of the factors that can lead to school avoidance
- be more confident using practical strategies to support your child in building a more positive and consistent school routine

To request a place on this course:



01793 466482



acl@swindon.gov.uk

Find details of more Adult Community Learning courses using the QR code above or [www.swindon.gov.uk/adultlearning](http://www.swindon.gov.uk/adultlearning)

\* To be eligible to enrol on these free courses you need to: be over 19 years old as of 31st August 2025; have the right to reside in the UK; or be an asylum seeker and have applied for asylum more than 6 months ago; be unemployed, or working and earning less than £25,750 a year.

For more information about our eligibility criteria please visit our website [www.swindon.gov.uk/adultlearning](http://www.swindon.gov.uk/adultlearning)